


Mon	Tue	Wed	Thu	Fri
	1 <u>Tai Chi:</u> 8:45am - 9:45am	2 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	3 <u>Tai Chi:</u> 8:45am - 9:45am	4 <u>Chair Yoga:</u> 10:00am—11:00am
7 <u>Chair Aerobics:</u> 8:45am - 9:45am	8 <u>Tai Chi:</u> 8:45am - 9:45am	9 * Sign up for Youth Fair Fieldtrip * <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	10 * Senior Bingo Event * <u>Tai Chi:</u> 8:45am - 9:45am	11 <u>Chair Yoga:</u> 10:00am - 11:00am
14 <u>Chair Aerobics:</u> 8:45am - 9:45am	15 <u>Tai Chi:</u> 8:45am - 9:45am	16 <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	17 <u>Tai Chi:</u> 8:45am - 9:45am	18 <u>Chair Yoga:</u> 10:00am - 11:00am
21 NO SENIOR PROGRAMMING	22 NO SENIOR PROGRAMMING	23 NO SENIOR PROGRAMMING	24 NO SENIOR PROGRAMMING	25 NO SENIOR PROGRAMMING
28 <u>Chair Aerobics:</u> 8:45am - 9:45am	29 <u>Tai Chi:</u> 8:45am - 9:45am	30 * Youth Fair Fieldtrip * <u>Dance Fusion:</u> 8:45 am - 9:45 am <u>Mahjong:</u> 10:00 pm - 12:00 pm	31 <u>Tai Chi:</u> 8:45am - 9:45am	Revised 2/22/22

## CLASSES, EVENTS & FIELD TRIPS

Monday: Chair Aerobics 8:45 am – 9:45 am

Tuesday: Tai Chi 8:45 am – 9:45 am

Wednesday: Dance Fusion 8:45 am – 9:45 am

Mahjong 10:00 am – 12:00 pm

Thursday: Tai Chi 8:45 am – 9:45 am

Friday: Chair Yoga 10:00 am – 11:00 am

\*Please visit [miamibeachparks.com](http://miamibeachparks.com) to see all senior program offerings at various city facilities.\*

**For more information or questions please contact:**

**Scott Rakow Youth Center**

**2700 Sheridan Ave, Miami Beach, FL | 305-673-7767**

**Kevin Cobas: [kevincobas@miamibeachfl.gov](mailto:kevincobas@miamibeachfl.gov)**

***\*Schedules subject to change.***

*To request this material in alternate format, sign language interpreter (five-day notice required), information on access for persons with disabilities, and/or any accommodation to review any document or participate in any city-sponsored proceedings, call 305.604.2489 and select 1 for English or 2 for Spanish, then option 6; TTY users may call via 711 (Florida Relay Service).*

## General Information:

### EVENT - Senior Bingo event ( FREE )

**Miami Beach Convention Center—Sunset Vista Ballroom  
Entrance on 1901 Convention Center Dr.  
(Between 18 and 19 street)**

**Thursday, March 10, 2022 6:00pm - 8:00pm**

**Bus leaves @ 5:00pm**

**Returns @ 9:00pm**

### TRIP 1 - Youth Fair

**(Max: 80 people) March 30, 2022 (FREE)**

**Bus leaves Park @ 9:00am**

**Returns to Park @ 3:30pm**

**“Lunch is NOT included”**

**Sign-up starts Wednesday, March 9, 2022**

## DATES CLOSED FOR SENIOR PROGRAMMING:

**Monday, March 21st — Friday, March 25th  
(SPRING BREAK CAMP)**